

St. Croix Scuba 2025 Rescue Diver

There are a few things that you will need to consider prior to your first day of our Rescue Diver program.

1. **eLearning must be completed** prior to the first class. Please print the eRecord and bring it on the first day of class.
2. **Medical Statement must be completed.** If you answer YES to item 3, 5, or 10, or ANY question on page 2, then you **must** have your physician sign off on page 3 in order to participate.
3. **Own your Personal Gear.** A responsible diver should own their Mask, Fins, and Snorkel at minimum. We recommend you also own your scuba equipment (BCD, regulator, dive computer, etc) but Rental is available. Rescue Divers should minimize potential problems caused by using unfamiliar gear.
4. **Required Equipment includes a pocket mask and SMB** (safety sausage). We have these available for purchase at the store if you don't already own them.
5. **CPR and First Aid certifications are required** to become a certified Rescue Diver. If you don't have a CPR and First Aid certification within the past 24 months, we offer the EFR Primary and Secondary Care course to our Rescue Diver students.
6. **This is not a Scuba Review.** The skills learned in Open Water and Advanced Open Water are prerequisite for this course. If you need a refresher, we offer them regularly.

Schedule:

1st Thursday 5:00PM - 9:00PM

2nd Thursday 5:00PM - 9:00PM

3rd Thursday 5:00PM - 9:00PM

The first week of class we'll meet at the **dive store at 5PM** to go through the required paperwork. Arrive early if you need any rental equipment. We'll head to Homestead Parklands on Perch Lake for a self-rescue review and start the Rescue Diver exercises.

The second week of class we'll meet at the **dive store at 5PM** to check out rental equipment before heading out to the lake. We will complete the remainder of the Rescue Diver exercises and practice any that students aren't confident with.

The third week of class we will stop at the **dive store at 5PM** to check out rental equipment before heading out to the lake. We will practice any skills students want to before conducting the Rescue Scenarios where students will put the skills to use in a more realistic situation.

www.SaintCroixScuba.com

715-381-5300