## St. Croix Scuba 2025 Advanced Open Water Diver

There are a few things that you will need to consider prior to your first day of our Advanced Open Water Diver program.

- Knowledge Reviews must be completed from your textbook prior to the first class.
   Required sections are Deep, Navigation, Peak Performance Buoyancy, Search Recovery, and Wreck
- 2. **Medical Statement must be completed.** If you answer YES to item 3, 5, or 10, or ANY question on page 2, then you **must** have your physician sign off on page 3 in order to participate.
- 3. **Equipment must be arranged.** In addition to standard Scuba gear, students must dive with a dive knife/tool, a compass, and a dive computer (or timing device used alongside RDP). We provide tanks, weights, and a wetsuit for all our students. Rentals are available.
- 4. **This is not a Scuba Review.** The skills learned in the Open Water Diver course are prerequisite for this course. If you need a refresher, we offer them regularly. We recommend students have some (10+ dives) experience beyond their initial check out dives before signing up for the Advanced course.

## Schedule:

Wednesday <u>6:00PM - 8:00PM</u>
Thursday <u>5:00PM - 9:30PM</u>
Saturday <u>10AM or 11AM - 4:00PM</u> (varies)

<u>Wednesday</u> at **6PM** class starts at the dive store. We will check the Knowledge Reviews corresponding with our 5 dives, complete the required paperwork, check out any rental equipment needed, and have a thorough briefing on the dives over the following days. <u>Thursday</u> we will meet at **Homestead Parklands on Perch Lake** at **5PM**. After equipment setup and briefing, we will complete the Peak Performance Buoyancy, Navigation, and Search & Recovery adventure dives. After the dives we will return to the dive store to refill tanks. <u>Saturday</u> will be a longer day of diving at a deeper destination. We will complete our Deep dive first, followed by a potluck/grillout lunch. After lunch we will head back out for a Wreck dive to finish the day. This day always takes place at a deeper destination, which varies depending on which class you sign up for.